

Anugraha Social Service Society

Annual Activity Report 2021-22

□ Self Help Groups

Self Help Group (SHG) is a process by which a group of women with common objectives are facilitated to come together voluntarily to participate in the development activities such as saving, credit and income generation thereby ensuring economic independence. SHG phenomenon definitely brings group consciousness among women, sense of belongingness, adequate self confidence. In fact, what she cannot achieve as an individual, can accomplish as a member of group with sufficient understanding about her own rights, roles, privileges and responsibilities as a dignified member of society in par with man. When she becomes a member of SHG, her sense of public participation, enlarged horizon of social activities, high self-esteem, self-respect and fulfilment in life expands and enhances the quality of status of women as participants, decision makers and beneficiaries in the democratic, economic social and cultural spheres of life.

Anugraha Social Service Society is well aware of the role of SHGs in rural development and promoting individual initiatives continue to involve in SHG promotion and strengthening activities. 385 Self-Help Groups are functioning systematically under its



guidance. Effective facilitation and guidance is given to these micro-development units for the effective management of their group resources. Community Organizers of the organization frequently visits these groups and provide them effective animation in managing their group activities. Monthly

meetings of the SHG leaders are organized at the cluster level to animate them on varied subjects with a view to enhance their leadership & problem solving capacities. Need based trainings are organized for the SHG leaders and members to capacitate them to take-up social/community issues.

SHGs have found very effective in mustering sizable amount as savings from its members and rotating the same as credit to its members to meet their sporadic needs. This has helped them to get credit to meet their urgent needs and to start individual income earning activities. A number of women headed income generation activities have come-up in the project area by using the credit facilities from their groups. Few Self-Help Groups have availed credit from banks and other financial institutions with the guidance of Anugraha Social Service Society.

□ **Inter Agency Groups [IAG]**

Fr.Varghese Chamakalayil, Director Anugraha Social Service Society is the district convenor of Inter Agency Group in Pathanamthitta. District IAG has planned and taken up diverse activities for the benefit of the public in the district especially

during the flood and COVID-19 second wave situation. We have been able to provide effective coordination and networking with different agencies and civil society groups in taking up collective actions to address flood disaster and COVID-19 pandemic. Given below are the IAGs major interventions.



Emergency Meeting with Inter Agency Groups: District Convenor [Fr.Varghese Chamakalayil] attended the Zoom meeting held on April 20, 2021 organized by Sphere India to discuss flood preparedness in Kerala and planned actions to address flood disaster in case it occurs. The meeting also discussed about the need for preparing the local communities to be ready to be involved in emergency situations.

KSDMA Meeting: District Convenor attended the online meeting organized by Kerala State Disaster Management Authority [KSDMA) on April 27, 2021 on the background of COVID-19 second wave. The meeting reviewed the COVID-19 relief activities done by the IAG member NGOs and to explore the ways to further engage this civil society organization is COVID-19 second wave response.



National Disaster Management Authority [NDMA] meeting. Fr.Varghese Chamakalayil attended the online national meeting organized by NDMA to discuss about the COVID-19 second wave situation and to chalk-out strategies to involve in COVID-19 emerging situation in the country and to ensure people's participation in COVID-19 response activities.

District IAG meeting: Organized online meeting of IAGs to discuss about monsoon preparedness of NGOs on May 29, 2021. The meeting had discussed in detail about the monsoon preparedness of the member associations and organized an input session on orange book 2021.

KSDMA Meeting: Anugraha Director attended the Kerala State Disaster Management Authority meeting held on August 4, 2021. Discussed various issues related with disaster preparedness and the need for ensuring community Participation.



District IAG meeting: Fr.Varghese Chamakalayil attended the IAG meeting held at Collectorate, Pathanamthitta on October 23, 2021. Ms.Diviya.S.Iyyer, I.A.S, District collector presided over the meeting. During the meeting it has been briefed about the flood situation in the district and the need for sensitizing the public about grave flood situation.

KSSF and Anugraha

Anugraha Social Service Society has been working in close collaboration with Kerala Social Service Forum [KSSF] in implementing different programmes. Its guidance and facilitation was found much beneficial for the organization to execute diverse programmes effectively. Further the trainings and meetings organized by KSSF have helped Anugraha to acquire new skills and knowledge in development work. Given below are the engagements of Anugraha Social Service Society with KSSF.

Date	Programme Title	Participant	Programme Component
April 24,25, 2021	Directors Meeting	Director	Common Development issues MSMI SFURTI project
May 10, 2021	DSSS Directors Meeting	Director	Present COVID response activities. Coordination with KCBC Emergency needs Way forward
June 25, 2021	Sudhir Project Coordination	Director	Covid -19 Risk communication and engagement Mitigate COVID-19 health impacts Caritas Samaritan/Volunteers
July 29, 2021	Annual General Body Meeting	Director	Annual reports and accounts of KSSF passed. Former directors of KSSF were present for the function Bishop Mar Jose Pulickal, Chairman JPD Commission inaugurated the programme
September 16-17 , 2021	Regional Resource Team Training	Mr.Jittu Thomas	Training inaugurated by Rev.Dr.Thomas Mar Koorilose, Archbishop of Thiruvalla

		<p>Sessions Conducted by Dr.V.Haridas, Manager CIDAL Caritas India</p> <p>Main topics Climate Change and sustainable livelihood initiatives.</p> <p>Introduction to green protocols and its need</p>
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Different meetings and trainings organized by KSSF has found very useful for Anugraha to learn new ideas which are helpful for the organization to be more effective in its field level intervention. Staff of Anugraha had gained considerable insight about different topics which are directly affecting the lives of its target group people.

Disaster Risk Reduction Programme

Dealing with disasters focused on emergency response, but towards the end of the 20th century it was increasingly recognised that disasters are not natural (even if the associated hazard is) and that it is only by reducing and managing conditions of hazard, exposure and vulnerability that we can prevent losses and alleviate the impacts of disasters. Since we cannot reduce the severity of natural hazards, the main opportunity for reducing risk lies in reducing vulnerability and exposure. Reducing these two components of risk requires identifying and reducing the underlying drivers of risk, which are particularly related to poor economic and urban development choices and practice, degradation of the environment, poverty and inequality and climate change, which create and exacerbate conditions of hazard, exposure and vulnerability.

DRR is a part of sustainable development, so it must involve every part of society, government, non-governmental organizations and the professional and



private sector. It therefore requires a people-centred and multi-sector approach, building resilience to multiple, cascading and interacting hazards and creating a culture of prevention and resilience. Successful DRR results from the combination of top-down, institutional changes and strategies, with bottom-up, local and community-based approaches. DRR programmes should not be standalone but instead be integrated within development planning and practice, since disasters are an indicator of failed or skewed development, of unsustainable economic and social processes, and of ill-adapted societies. Anugraha Social Service Society had taken up DRR activities in its operational area with the active support of Caritas India. Primary focus of this intervention is developing community resilience in addressing disaster situation. Given below are major interventions in this area.

Training for Volunteers: Training for the selected volunteers in DRR was organized on September 06, 2021. Fr.Paul Moonjely, Executive Director, Caritas India, New Delhi inaugurated the training. Fr.Varghese Chamakalayil facilitated the gathering. One hundred fifty volunteers participated in the training. Mr.Abeesh Antoy, Mr.Siby Paulose, Sr.Pavithra SIC were the resource team for the training. Active involvement of NSS unit of Mar Chrysostom College, Paranthal and Sacred Heart School Mylapra were there for the training.

Volunteers Mobilization Programme: Voluntary service of individuals is a must for voluntary organizations to take up massive programmes. Voluntary service provided by persons will help organizations to reach more people in a short period and to take up bigger programmes. Anugraha Social service society has been able to take up relief activities during the Kerala flood in 2018 and the COVID-19 relief activities with the active support of the volunteers. We have formed and trained 150 volunteers under Caritas India, Samaritan engagement with the active collaboration of Malankara Catholic Youth Movement [MCYM], Pathanamthitta Diocese. From among the 150 volunteers we have identified 25 Core Volunteers Resource Team [CVRT]



DRR Training to the volunteers: We have organized a one day training to 170 volunteers on November 27, 2021 at Darsana Auditorium, Omalloor. Msgr.Shaji Mankikulam, Vicar general, Diocese of Pathanamthitta inaugurated the programme. Mr.Amstrong Alexander, Thematic Associate, Caritas



India was the chief resource person for the training. Mr.Satheesh Kumar and Mr.Sugathan, Fire force officers conducted special session on rescue. Safety kits were distributed to the volunteers at the end of the meeting. Given below are other major interventions in

DRR.

Date	Activity/Programme	Purpose	Resource Team
September 10,2021	Navajeevan Volunteers online Training	Capacitate the Volunteers and impart additional skills in DRR	Mr.Amstornrg, Thematic Associate, Caritas India Mr.Abeesh Antony, Programme Coordinator, Caritas India
September 11,2021	Training Programme on Contingency Plan preparation and DRR handbook orientation	Prepare contingency plan at Diocesan level	Mr.Amstornrg, Thematic Associate, Caritas India Mr.Abeesh Antony, Programme Coordinator, Caritas India
October 26-29,2021	Early warning search and rescue actions	Take up disaster relief activities quickly. To have a plan for action in	Mr.Amstornrg, Thematic Associate, Caritas India

		case of disasters occurs	Fr.Samson
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Director's Meet at MDS and PDS

Exposure visits are found very effective to learn from the experience of others outside by direct interaction and observation. Visiting successful models and enterprises give one new idea about how it can be replicated in their respective areas. Kerala Social Service Forum organized two days [12,13 October 2021] exposure visit to Malanad Development Society [MDS] and Peermedu Development Society [PDS] run by the Catholic Diocese of Kanjirappally.



Fr.VargheseChamakalayil participated in the exposure programme. The two days exposure programme was found very useful for the participants and it exposed them to various activities/interventions of these two successful NGOs. They are running a number of income generation activities in a sustainable manner. The food processing and organic spices promoted by organizations has helped its target group people to earn a reasonable price for their agricultural products. Both these NGOs has got replicable models of micro-enterprises.

COVID -19 RESPOSNE



Second Wave of COVID-19 from April 2021 onwards and was peaked in May 2021. This has forced the government to impose lockdown to curb the spreading. This stage was more critical than the first wave when lots of deaths were reported. Medical institutions were not able to cope up with

the influx of COVID-19 patients with their limited facilities. It was sad to note that a number of seriously sick persons were died without getting proper medical aid on time. Anugraha Social Service Society showed its character in reaching out to the people during this pandemic period and providing solace to them. Anugraha staff and its volunteers showed the courage to reach-out the affected people and to proved necessary support, guidance and hope to the affected persons. Given below are its major interventions during the pandemic.



A special meeting of the pastoral

council was convened on May 11, 2021 to discuss about the COVID-19 situation and chalk out strategies to involve in this grave situation. The meeting was presided over by Most Rev. Samuel Mar Irenios. Fr.Varghese Chamakalayil, Director, Anugraha Social Service Society gave detailed description of the COVID-19 second wave scenario in the district. The meeting had decided to start COVID-19 help desk at Anugraha Social Service Society to provide different services to the people who are affected by COVID-19 and guide them to get different services from government.



Anugraha used the service of women SHG members in preparing cotton protective face masks. We have procured necessary cloth for preparing the face masks. SHG women contributed their voluntary service in preparing the face masks. Prepared masks were distributed to the frontline workers and people who are involved in street vending. A community kitchen was opened during the peak days of COVID-19 second wave, prepared mid-day meals and distributed the meals to the people who are struggling without food, especially who are staying on the streets. This activity of Anugraha has been well appreciated by the general public and district administration.

COVID-19 and Lockdown situation put undue hardship to the poor families in our area. They were not able to go for their daily routine work to earn income to meet their food needs. Prolonged days of lockdown/shutdown had put them in great difficulty. Many families were struggling without proper food. Anugraha had identified 426 such families from its operational area and supported them with food kits [dry ration]. A food kit contains rice and other grocery items needed for a family for 20 days. We have utilized the service of our volunteers in arranging the food kits and distributing it to the beneficiaries. Area wise short meetings are organized to create awareness to sensitize the villagers

about the need for following COVID-19 protocol and for taking vaccine against Covid-19.

Anugraha Social Service Society established an Oxygen Concentrator at Omallor with the financial support of Caritas Germany. Most Rev.Dr.Samuel Mar Irenios, Bishop of Pathanamthitta inaugurated this facility on August 6,2021 in the presence of Msgr.Shaji Manikulam, Vicar General, Diocese of Pathanamthitta. He also inaugurated the distribution of Medical kits to 185 frontline workers on that day. Catholic Mission, Melbourne Diocese assisted us through Caritas India to purchase the medical kit items. Each medical kit contains Plus Oxymeter, Thermo meter, inhaler, face masks and hand sanitizer. Medical kits were distributed to volunteers, field workers and community leaders who are actively involved COVID-19 relief activities.

Lockdown period people were confined to their houses and are not allowed to move around. In order to utilize the time of the people during the lockdown period constructively, Anugraha promoted kitchen garden among the rural poor families. This has helped them to develop backyard kitchen garden and produce enough vegetables for their consumption. Anugraha provided seeds and seedlings to the families to raise the kitchen garden. Anugraha Social Service Society started a Telemedicine programme during COVID-19 with the voluntary service of the doctors. Patients could consult the doctor for various sicknesses over telephone and get medical advice from the panelled doctors. This service was highly appreciated by all. Tele counselling service was provided to the person who has got adjustment problems during the COVID-19/Lockdown period. Samaritan Volunteers and other counsellor provided this psycho-social support to the maladjusted persons.

COVID Interventions



COVID 19 Second wave has affected many poor families in our operational area. They lost their employment and were not able to work because of the lockdown imposed by the government to curb corona spreading.



Families with special children are much affected by this pandemic. Care homes which are providing care

service to the differentlyabled children find it hard to meet their food needs during this pandemic season. Anugraha Social Service Society provided grocery items to AshawasaBhavan Special School and KarunyaBhavan a home for the mentally ill for four months [mention the months] This assistance was found very timely and it helped the inmates to consume healthy food during the pandemic season.

Distribution of COVID Medical Kits



During the COVID-19 pandemic many people were affected by COVID-19 and only seriously sick patients are allowed to admit in the hospitals because of shortage of hospital beds. People with minor

symptoms are asked remain at home and take medicine provided by the government health department. It become handy for the households to have medical kits with essential medical equipments to treat their covid infected

person. We have distributed Medical kits to fifty families in our area under this programme. While selecting the beneficiaries to receive the medical kits we have given preference to frontline workers like community organizers, SHG leaders and parish



leaders, who are constantly getting in touch with people and are more prone to infected with COVID. While distributing the medical kits we have explained in detail how to use these equipments and this has helped them to use it properly. We were able to take up this activity with the financial support of Catholic Mission, Caritas India and Syro Malabar Eparchy of Melbrun.

Dry Ration Distribution



COVID-19 Second Wave and lock down has put undue hardship to the rural poor families in our area. They lost their regular employment and income. Since most of these families were leading a hand to mouth existence were starving without proper

food. Eating healthy food and keeping healthy was very important in safeguarding oneself from COVID-19 infection. Families with children find it hard to provide proper food to their wards. Further Anugraha Social Service Society had received frantic requests for support for food kits from its different centers. With the generous financial support of LOevure D' Orient and ACAN we were able to provide food kits to 1500 families in our operational area. The food kits contain essential items like rice, dhal, onion, potato, pulses, sugar, cooking oil, soap and toilet articles. The food kits contain food articles sufficient to meet the food needs of a family of four for 8 days. Anugraha purchased the grocery items in bulk form wholesale shop, which helped the organization to get things at a cheaper rate. Anugraha staff and volunteers involved in food kit packing and distribution. Beneficiaries to receive the food kits were identified by Self-Help Group leaders and Parish leaders, which ensured right and needy beneficiaries are selected to receive the support

Hygiene Kits Distribution

The Covid-19 pandemic has wreaked havoc upon many livelihoods and communities.

People are left with no source of food, shelter and basic amenities. Their basic hygiene conditions are not good enough to protect them from the impact of the virus. The lack of employment makes it difficult to procure sufficient nourishment for children, essentials like



sanitary pads for girls and other basic cleaning materials. Thus Anugraha Social Service Society distributed hygiene kits to 350 vulnerable families in our operational area. The Hygiene kits distributed by us were found very useful for the families to keep them clean and stay away from COVID-19 infection. We were able to undertake this activity with the generous support of Caritas India and Catholic Agency for Overseas Development.

Honouring the Samaritan Task force & distribution of Good Samaritan Award .



Anugraha Social Service Society honoured the COVID-19 TASK force volunteers. The aim of the team is to assist in the

burial service of the COVID affected persons and to provide emergency assistance to the COVID-19 affected persons. The task force did a commendable job during the pandemic situation and Anugraha is in the process of strengthening the task force with additions skills. There were 95 volunteers .Dr.Samuel Mar Irenios ,Bishop of Pathanmthitta presented the award on 02.10.2021 at Darsana auditorium Omalloor .Mother Thamim SIC ,Fr.JinseMeppurathu,Fr.VargheseChamakalayil ,Sr.Pavithra SIC and staff members were attended.



DRR Migrant Project

Disaster Risk Reduction approach is gaining importance in the recent past because of the frequent occurrence of natural disasters. Natural disasters are displacing the local families and their livelihood. DRR is a systematic approach to identifying, assessing and reducing the risks of disaster. Operational area of Anugraha Social Service Society is prone to various natural disasters and the organization was there in the forefront in doing relief and rehabilitation activities.



Anugraha implemented different programmes as part of Navajeevan DRR programme supported by Caritas India. A group volunteers were trained in Disaster Risk Management. Hygiene kits were distributed to migrants. Specific



activities are carried out for safe migration and to address issues connected with migrants. DRR project has found very much beneficial to train local leaders and SHG leaders on disaster mitigation activities.

Sudheer Project

The Kerala Social Service Forum and Catholic Relief Service jointly administer Sudheer, a support programme for the provision of health services and knowledge on COVID for resilient communities. We have 1000 volunteers and 50000 households engaged with this endeavour, which encompasses 32 dioceses in Kerala. sudheer facilitates proactive communication to prevent tragedies and save lives and helps to reduces confusion, minimises, controls, and prevents rumours and misconceptions. Sudheer project assists in spreading awareness concerning significant details so that the outbreak can be brought under control.

Mitigate the effects of COVID-19 on health according to strategic objective.

Individuals and communities now have better understanding, attitudes, and abilities to engage in COVID-19 preventative activity.

There is a training on different aspects of Laudato Si and the Green Protocol



Campaign on 16,17 September 2021 at BodhanaThiruvalla .Two days programme inaugurated by Dr.Thomas Mar Koorilos ,Archbishop of Thiruvalla . The training session led by Dr.V.R.Haridas ,Manager CIDAL Caritas India,Fr.Romance Antony ,Former Director of Kerala Social Service Forum and Mr.Jittu Thomas . The training includes topic like Green protocol ,tools for green audit and its implications ,Laudato Si with climate change and sustainable livelihood initiatives and practical applications of Green protocol

and demonstration of green protocol .Fr.VargheseChamakalayil ,Director and Sr.Pavithra SIC ,Programme coordinator etc. were participated.

Caritas India Team Visit



Caritas India has been very supportive to Anugraha Social Service Society from its inception. The constant facilitation, guidance and financial support provided by the organization have helped us to execute diverse programmes for the benefit of our target group people. Its support and guidance during the natural calamities, especially during the Kerala flood 2018. Mr.Abeesh Antony, State officer, Miss.Sivani Caritas India and his team members visited Anugraha Social Service Society office on 25.03.2022.During the visit he had detailed discussion with Anugraha director and key staff members about different programmes of the organization and evaluated the ongoing programmes assisted by Caritas India. He expressed the satisfaction about the project execution of the organization and assured Caritas India's continue patronage in our development work for the poor.



Hair Donation

Donating hair is an easy way to help people who have experienced hair loss due to chemo or other treatments or medical problems. A well-made wig of human hair can boost self-esteem and improve a person's outlook, which goes a long way to helping them manage other symptoms and recover. As part of Ashakiranam Cancer

Care Campaign Anugraha motivated individuals to donate their hair to support cancer patients. We have organized one hair donation programme at Mar Chrysostom College ParanthalAdoor20.07.2021. We have received good response from the area for hair donation especially from young girls, college students. Collected hair were handed over to Fr.VargheseChamakalayilorganization to prepare wigs for the cancer patients who have lost their hair. General public was very appreciative of this action of Anugraha Social Service Society.



Onam Celebration at Cheekanal



Onam is the state festival of Kerala. It is the harvest festival of Kerala and uphold unity and justice in the society. Anugraha Social Service Society organized Onam celebration at AshwasaBhavan Special School, Cheekanal on 19.08.2021. Director, staff and inmates of AshwasaBhavan participated in the celebration. Fr.VargheseChamakalayil, Director, Anugraha given a short message about onam. Children and staff performed different cultural items and the celebration concluded with a sumptuous meal.

Agriculture Promotion Activities

Agriculture is the fabric of rural community and it is the main economic activity. Agriculture plays an important part in rural development. It provided employment to large number of people and contributes to the food security of the nation. Anugraha Social Service Society gives much importance to promote

agriculture in its operational area. It always gives thrust to organic farming which is sustainable and best suited to the environment. Farmers clubs and farmers collectives are formed at the village level to provide a platform for the progressive farmers to come together and share their ideas. We have utilized this platform to educate them on organic farming, organic pesticides and crop rotation.



Anugraha Social Service Society participated the Google meet on famers welfare schemes on June 10, 2021. His Beatitude Mar George Cardinal Alenchery inaugurated the programme. Mr. Jose Thayyil conducted the orientation programme which was very relevant to the present day's context. Anugraha organized a webinar on Farmers welfare board schemes and opportunities on June 15, 2021. Mr. Jose Thayyil was the



resource persons for the training. 179 persons consisting of priests and pastoral council members were participated in the programme.

Seminar on Farmers and their Challenges was organized at St.Mary's Catholic Church, Chittar on August 10, 2021 in collaboration with KSSF. Fr.Jacob

Mavunkal, Director, Kerala Social Service Forum and Sr.Jessena, Project Coordinator KSSF facilitated the sessions. The main topics covered during the training were preparation of comprehensive action plan for management of human-wildlife conflicts and formation of village



vigilance committees. Farmers are motivated to start beekeeping and honey production in their agriculture land to earn additional income for their families. An effective step has taken to organize honey bee keeping trainings to the interested farmers at the village level. Farmers who were interested to venture into the activity are assisted with necessary financial support to set up their own beekeeping units and necessary technical support also is provided to them.

Rural poor farmers are motivated to start their own organic manure production by using agriculture waste. Anugraha had provided effective facilitation and guidance to the farmers to start vermicompost units to produce organic manure. We have arranged earthworms to the farmers to start their



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മലയോര കർഷകർ നേരിടുന്ന വെല്ലുവിളികൾ

സ്ഥലം : സെന്റ് മേരീസ് മലങ്കര കാത്തലിക് ചർച്ച്, ചിറ്റാർ

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2021

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KERALA SOCIAL SERVICE FORUM (KCBC JPD COMMISSION)

ANUGRAHA SOCIAL SERVICE SOCIETY, PATHANAMTHITTA

MALANKARA CATHOLIC ASSOCIATION SEETHATHODE

vermicompost units. Community organizers of the organization visit these farmers regularly and give them necessary guidance in managing the units. Effective networks are established to market the vermicompost produced by the farmers. During the reporting year we have organized two organic pesticide preparation trainings for the selected farmers. Purpose of conducting these training is to wean farmers from using chemical pesticides which are harmful to the environment and promote use of organic pesticides. A number of farmers have now involved in organic pesticide preparation and this has increased the availability of organic pesticides in our target villages.

Ashakiranam Resource Team Training

ASHAKIRANAM
A Campaign on Cancer

ANUGRAHA SOCIAL SERVICE SOCIETY

Caritas INDIA
The Joy of Service...

ASHAKIRANAM RESOURCE TEAM TRAINING

Inaugural Address
MSGR. SHAJI MANIKULAM
(Vicar General, Pathanamthitta Diocese)

Presidential Address
REV. FR. VARGHESE CHAMAKALAYIL
(Director, Anugraha Social Service Society)

Key Note Address
SIBI PAULOSE
(Ashakiranam Programme Officer, Caritas India)

27-07-2021 / 10.30 am on Google Meet

Ashakiranam Cancer Care Programme is found very effective in creating awareness about cancer and to take up action plans to prevent the cancer. Primary activity under this project is awareness building programmes at different levels and to motivate the target group people to involve in cancer prevention activities of the organization. Volunteers trained under the project are playing a pivotal role in carrying out different activities and community mobilization. We have organized one day training for the resource team members of Ashakiranam on 27.07.2021.

Msgr. Shaji Mankikulaminagurged the programme and highlighted the need for concentrated efforts to reduce the instances of cancer in the society.

Fr.VargheseChamakalayil, Director, Anugraha Social Service Society presided over the meeting. Mr.SibyPaulose, State Incharge, Ashakiranam Cancer Care Campaign, Caritas India gave the keynote address. He highlighted the need for collaborative action in cancer prevention activities. We have to support/assist the cancer patients to get better medical treatment from different cancer care institutions. Efforts should be made to muster local funds for the cancer care programmes and support cancer affected families to start livelihood activities for their economic self-reliance. Seventy eight persons attended the training.

Asakiranam Cancer Care Campaign

Cancer is one of the most dreaded diseases of human beings and is a major



cause of death in our country. Cancer is a major burden of disease all over the Globe. Every year number of cancer diagnosed people is increasing in our area and the saddest thing is that more than half of the patients eventually die from it? Most often cancer is diagnosed at an advanced stage when nothing much can be done. Cancer affected rural poor families are suffering a lot because they do not have the financial resources to provide medical treatment to their family members. On the other hand cancer affected family member is not able to go for work and earn income for the family. Early detection and treatment is important to cure cancer.

Anugraha Social Service Society is actively involved in Ashakiranam Cancer Care Campaign with the active support of Caritas India. The primary focus of



this programme is to create proper awareness about cancer, early detection and proper treatment. We have got a team of 100 committed volunteers who are very supportive in conducting different activities for the benefit of the cancer patients and their families. Capacitating the volunteers with appropriate knowledge in cancer care and upgrade their skills in cancer care is utmost important to increase their efficiency. We have organized a one day resource team training for the volunteers [online meeting] on July 27, 2021. Msgr. Shaji Manikulam, Vicar General Diocese of Pathanamthitta inaugurated the orientation programme. Mr.Sibi Paulose, Programme officer, Caritas India facilitated the sessions. Thirty two selected volunteers participated in the training.

Checking for cancer in people who have no symptoms is called screening.

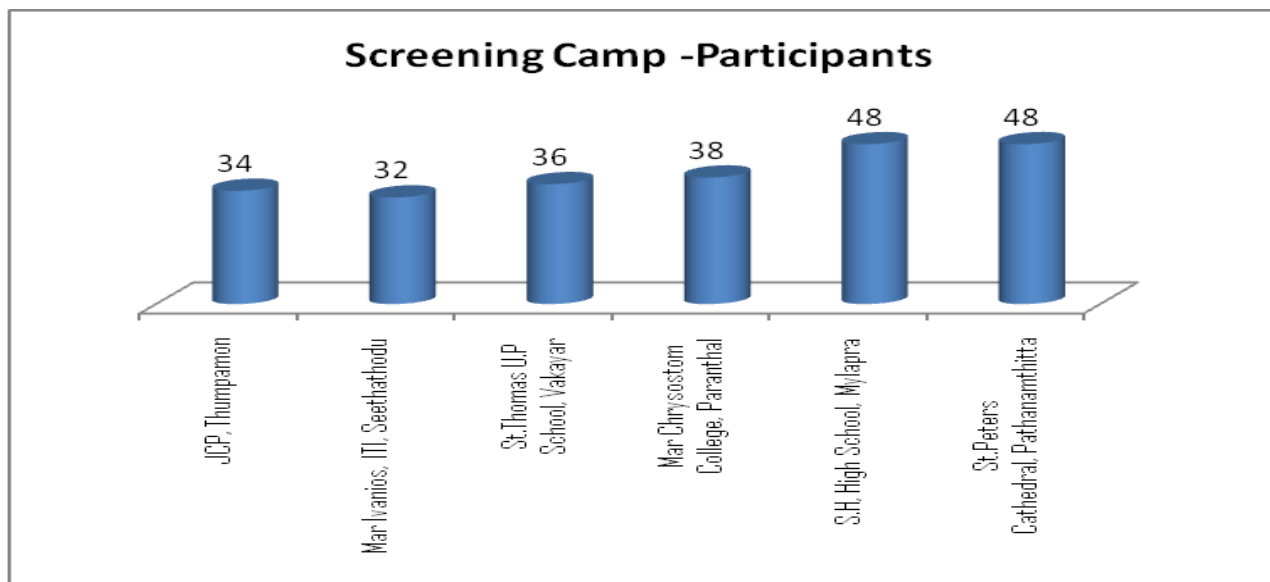


Several screening tests are conducted to detect cancer early and to reduce the chance of dying from that cancer. Cancer screening means looking for cancer before symptoms appear, when cancer may be easier to treat. We have organized

cancer screening camps in our operational area for the benefit of the women

because high incidence of breast, thyroid and cervical cancer cases among women is reported from our area. We have screened women between the ages of 18 to 60 in these camps. Ashakiranam volunteers identified the persons to undergo the screening tests. Given below are the details of the screening camps conducted during the reporting year.

Date	Place	Participants	Resource Person
November 09, 2021	JCP, Thumpamon	34	Dr.Vipin.V PMedical College
November 13, 2021	Mar Ivanios, ITI, Seethathodu	32	Dr.Vipin.V
November 20, 2021	St.Thomas U.P School, Vakayar	36	Dr.Vipin.V
November 23, 2021	Mar Chrysostom College, Paranthal	38	Dr.Vipin.V
November 27, 2021	S.H High School, Mylapra	48	Dr.Vipin.V
December 04, 2021	St.Peters Cathedral, Pathanamthitta	48	Dr.Vipin.V



Anugraha Social Service Society organized a programme to honour the volunteers who have done well in the Ashakiranam project at Darsana Auditorium, Omalloor on October 2, 2021. Most Rev.Dr.Samuel Mar Irenios, Bishop of Pathanamthitta inaugurated the programme. He appreciated the voluntary service provided by the volunteers in running the Ashakiranam project. He encouraged the volunteers to commit themselves for the service of the poor and marginalized in the area. Msgr.Dr.Sahji Manikulam presided over the function. Fifty three [53] volunteers honoured during the function by Bishop. Prof.Dr.Sreekala of Anugraha Social Service Society has received the best Ashakiranam volunteer award from Caritas India. She received the award on the volunteers day celebration 2021 organized by Caritas India at Kollam.



A number of economically poor families are struggling muster finance to treat their sick family members. Anugraha Social Service Society is well aware of the hardship of these families have taken serious efforts to mobilize funds to support them. Medical help to cancer and chronic kidney patients were distributed on March 4, 2022 in a function held at Darhana Auditorium. Mr.Robin Peter, Member, District Panchyatha inaugurated the programme. Most Rev.Yoohanon Mar Chrysostom, Bishop Emeritus, Diocese of Pathanamthitta presided over the meeting. Mrs.Deenama Roy, Ward member, Konni Grama Panchayath, Fr.Varghese Chamakalayil and Sr.Pavithra, SIC were present for the function. Financial support was distributed to 100 patients on that function.

Families with cancer patients and chronically sick persons were suffering much, especially during the COVID-19 pandemic period. These families were finding it hard to provide nutritious food to their sick family members because of their unsteady income. Ninety Six families assisted with food kits containing essential grocery items and medical items like protective face masks and hand sanitizers. We have followed a rigours beneficiary selection process to identify

most needy families to receive the assistance provided by Oveure D' Orient. We have carried out the food kit distribution with the active involvement of the local body representatives.

Education Programmes



ANUGRAHA SOCIAL SERVICE SOCIETY
(Social development Organisation of Catholic diocese of Pathanamthitta - Reg. No. P-73/2010)

ANUGRAHA FAMILY WELFARE PROGRAMME

YOU CAN MAKE A DIFFERENCE

What we aim:
To assist the socio-economically Poor families to become Self-reliant over a period of five years by involving in Self employment job.

What we do:
Continuous monthly support of Rs. 1000/- or Rs. 12000/- per year to selected families, period of help - 5 years.

What you can do:
Support family with Rs. 1000 per month or Rs. 12000 - per year.

ANUGRAHA EDUCATIONAL SCHOLARSHIP PROGRAMME

What we aim:
To provide sponsorship assistance to children from poor families to complete their school studies.

What we do...
Each selected student will receive Rs. 750 per month or Rs. 9000 per year for 9 years. Rs. 3000 will be given to the student at the time of school opening and Rs. 1500 during Christmas time. Yearly Rs. 4500 will be deposited in the bank in the name Student, which will be released to them when they complete their plus two course prior to higher studies.

What you can do:

- Support a child with Rs. 750/- per month or Rs. 9000 per year continuously for 9 years.
- Providing a yearly support of Rs. 9000.
- Make a donation while you celebrate your Birthdays Wedding anniversaries or during any other joyful occasions.

For more details : 9447592279 | 0468 2356160

Account Details
Account Name: Anugraha Social Service Society
Account No: 038703300000 45 58
Bank Name: The South Indian Bank
Branch: Omallor
IFSC: SIBL 0000387

Office address
Anugraha Social Service Society
Upasana Pastoral Centre, Omallor P.O
Pathanamthitta - 689 647, Kerala - India
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All Donations to Anugraha Social Service Society are exempt from Income Tax under Section 80 G

Cost of higher education has gone up much during the past one decade making it unreachable for the children from ordinary families. Education is the only way out for these rural poor youth to come up in life by getting into useful employment. There are a number of jobs oriented courses which the rural youth can pursue. Economic backwardness is hindering them from joining such courses and excels in their academic studies. Anugraha Social Service Society is much aware of the importance of supporting marginalized rural youth for their higher studies identified. We have assisted 10 rural youth with scholarship support to continue their studies. The scholarship was distributed to the students in a

function held at Upasana Pastoral centre, Omallor. Most Rev. Dr. Samuel Mar Irenious, Bishop of Pathanamthitta distributed the scholarship assistance.

Msgr. Dr. Shaji Manikulam, Vicar General, Diocese of Pathanamthitta and Fr. Varghese Chamakalayil were present for the function.



The sponsorship programme for the poor students

Anugraha Vidhya Jyothi is functioning well and it has helped a number of students to continue their school studies without any financial burden. This

programme is being done with the generous financial support of benefactors, mostly from the diocesan area. Anugraha had contacted different individuals to muster sponsorship for the children sponsorship programme. Anugraha is closely monitoring the academic



performance of the sponsored children. Periodic meetings of the sponsored children and their families are organized to impart additional skills to the children and to motivate their parents. Economic assistance provided under this scheme has helped many rural families to meet the educational expenses of their wards. Christmas gathering of the Anugraha vidhya Jyothi students was organized on December 21, 2021. Msgr.Dr.Shaji Manikulam, Vicar General, Diocese of Pathanamthitta distributed the Christmas gifts to the children.

Tribal Development



Sizable numbers of Tribal families are living in the target area of the organization, especially villages/hamlets situated near to the forest. Tribal families are economically poor and are eking out a living by collecting and selling forest products. Many of them engaged

in collecting wild honey and selling it in the cities. Few families are engaged in agriculture and livestock rearing activities in a small scale. From its inception Anugraha Social Service Society has given importance in implementing programmes for the benefit of the tribal families in its target area. Special emphasis has given for the educational improvement of the tribal children. Tribal children are assisted with study materials and school uniforms to



attend the school without any hardship. Efforts are taken to organize the tribal women into effective Self-Help Groups to promote resourcefulness among them.

Covid-19 pandemic has affected these tribal families very badly. They were not able to go for work outside their village because of the COVID-19 protocol and were not able to sell the forest product they collect from the forest. We have identified 50 most suffering tribal families from Manjathope and Chalakayamnilaykkal and assisted with food grains for four months. Mr.Ratheesh who is the promoter of tribal area identified the needy families to receive the assistance. Each family received food kit worth Rs.2,000 for four months. The food kit contains rice, dhal, atta, sugar, pulses, onion, potato, cooking oil, massala items and soap. Anugraha Social Service Society carried out this food distribution with the generous financial support of ACN, Germany. Food kits received from us has helped these marginalized tribal families to consume healthy food during the pandemic season.

Financial Aid to Cancer and Kidney Patients



Caregivers of cancer and kidney patients are facing a lot of financial problem in looking after them. Cancer and chronic kidney patients need regular medication and frequent visit to the hospital for consultation. Further drugs for treating cancer and kidney problem are very expensive. Family members of cancer and chronic kidney patients are not able to go for any work and earn income because they have to be with the

patient to give care and to accompany them to the hospital. Kidney patients who are on dialysis need frequent visits to the hospital for dialysis and money to purchase necessary medicines to reduce the pain.

During the reporting period Anugraha Social Service Society was able to identify and assist 100 patients [50 cancer patients and 50 chronic kidney patients]. We have utilized the service of our Self-Help Group leaders and Parish priests in identifying the needy beneficiaries to receive the financial assistance. Their treatment records/documents are verified by our staff members to ensure transparency and authenticity in the beneficiary selection.



The programme was officially launched on December 21, 2022 in a function held at Darshana Auditorium. Mrs. Veena George, Minister for Health, Govt of Kerala inaugurated the programme. She appreciated the efforts of Anugraha Social Service Society in reaching out to the cancer and kidney patients. Most Rev. Dr. Samuel Mar Irenios, Bishop of Pathanamthitta presided over the function.



Msgr Dr. Shaji Manikulam, Vicar General, Mrs. Ambily. K Ward member, Panchayath and Mrs. Siby Paulos, Coordinator, Ashakiranam project were present. Financial assistance of

Rs.2,500 each was distributed to 100 beneficiaries for four months under this scheme with the generous funding of ACN, Germany.

Collaboration with NABARD



National Bank for agriculture and rural development (NABARD) is one of the major development banks of the nation for fostering rural prosperity. It promotes sustainable and equitable agriculture and rural development through participative financial and non-financial interventions, innovations and institutional development for

securing prosperity. In order to utilize the schemes for village people of pathanamthitta ,Fr.VargheseChamakalayil,Director made detailed discussion with Mr.Regis Varghese ,NABARD Assistant General Manager at Kottayam office .

House Maintenance Programme

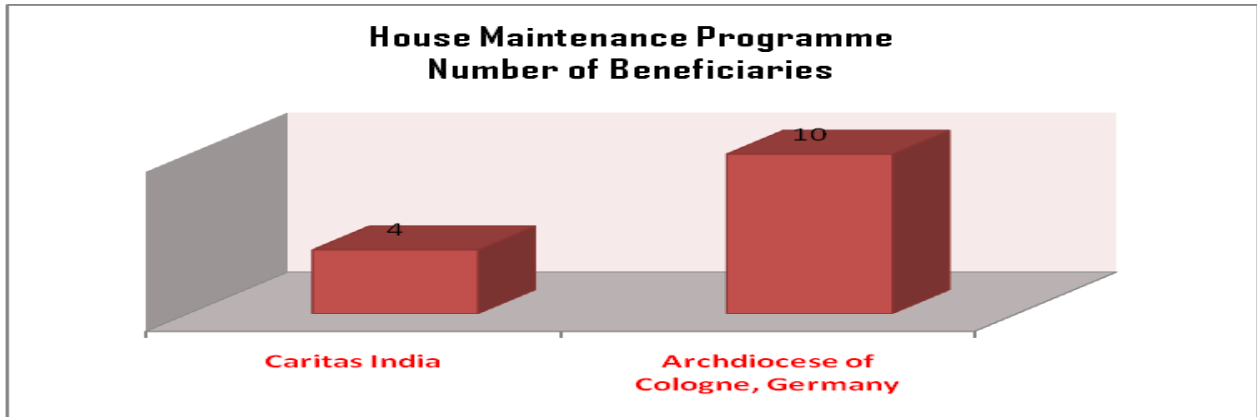
Liveable house is a basic necessity for every human being to lead a contented life. Proper housing helps the children to stay safe and study their school lessons. It is a fact that a number of marginalized poor families in our area are



living in improper housing or houses which needs urgent repair. Heavy rain during the last few years damaged many houses. Rural families are not in a position to muster money to do the urgent maintenance of their houses. We have been able to assist 14 families to the maintenance of their damaged houses. While selecting the

beneficiaries for receiving the financial support we have followed a strict beneficiary selection process to ensure right and needy beneficiaries are selected for receiving the assistance. SHG leaders, Parish leaders and parish priests were involved in the beneficiary selection. Given below are the details of the financial support provided under this scheme.

Number of Beneficiaries	Amount Per Beneficiary	Total	Supported by
04	Rs.50,000	Rs.2,00,000	Caritas India
10	Rs.50,000	Rs.5,00,000	Archdiocese of Cologne, Germany



A detailed house maintenance plan is prepared in consultation with each beneficiary.



The financial assistance was distributed in instalments to the beneficiary as per the progress of the work. Community organizers of the organization supervised the house maintenance programme at the field level and provided necessary facilitation to the beneficiaries to complete the

maintenance work on time. Most Rev. Dr. Samuel Mar Irenios Bishop of Pathanamthitta inaugurated the house maintenance programme on December 21, 2021 by distributing the first instalment cheque to the beneficiaries. All the 14 beneficiaries completed their house maintenance and are happy about the new facility. The renovated houses look very beautiful and have got enough facilities for the families lead a contented life. This new facility has increased their stature in the society.

Goat Rearing Programme

Goats have been considered as poor man's cow because of its immense contribution to rural households. Goat keeping provides source of regular income to the poor, landless and marginal farmers. Goat rearing has become a profitable business and its requires a very low investment. There is a growing demand for goat meat [mutton] in the area and its milk has got nutritional values. There are many advantages of goat rearing and you can do it as a additional



activity to fetch extra income for their families. The geographical condition is best suited for goat rearing.

Anugraha Social Service Society initiated this programme for the economic benefit of the rural poor households by involving in goat rearing. Hundred beneficiaries mostly women headed families, abandoned and families with school going children are selected as beneficiary of this programme. Eagerness to start the activity and previous experience in goat rearing are the



other major criteria for beneficiary selection. Financial support to purchase goats was given to 100 beneficiaries in a function held at Upasana Pastoral Centre. A half day orientation programme on goat rearing was organized for the beneficiaries on the day of financial support distribution. Community Organizers ensured that all the beneficiaries utilized the support to purchase goat and are taking proper care of the animals.

Flood Relief Activities

Pathanamthitta District has experienced heavy rain in the month of October-November 2021. Heavy pouring of rain from November 8 to 11, 2021 has affected many families. Heavy inflow of rainwater has damaged many houses and agricultural crops. The flood situation has forced many families to shift to safer places and to relief camps. Landslide and uprooting of trees has damaged houses of rural poor families living in the interior villages.



Anugraha Social Service Society was there in the forefront to take up relief and rescue activities.

Our field staff members and volunteers were actively involved in moving people to safer places and provide food to the displaced people. Anugraha had given special care in reaching out flood affected families in Seethathodu, Thannithodu and Konni. Cooked food was served to the families who were affected by flood & rain. Food kits containing essential items were distributed to 125 families who are badly hit by



flood. Anugraha volunteers supported the flood affected families to clean their damaged houses and re-arrange it. We also assisted the affected families to re-start their routine activities. These families also supported to re-start their agriculture activities and livestock rearing activities.



Skills Trainings

Acquiring useful and productive skills helps the rural women to venture into micro-enterprises or to run it profitably. Self-Help

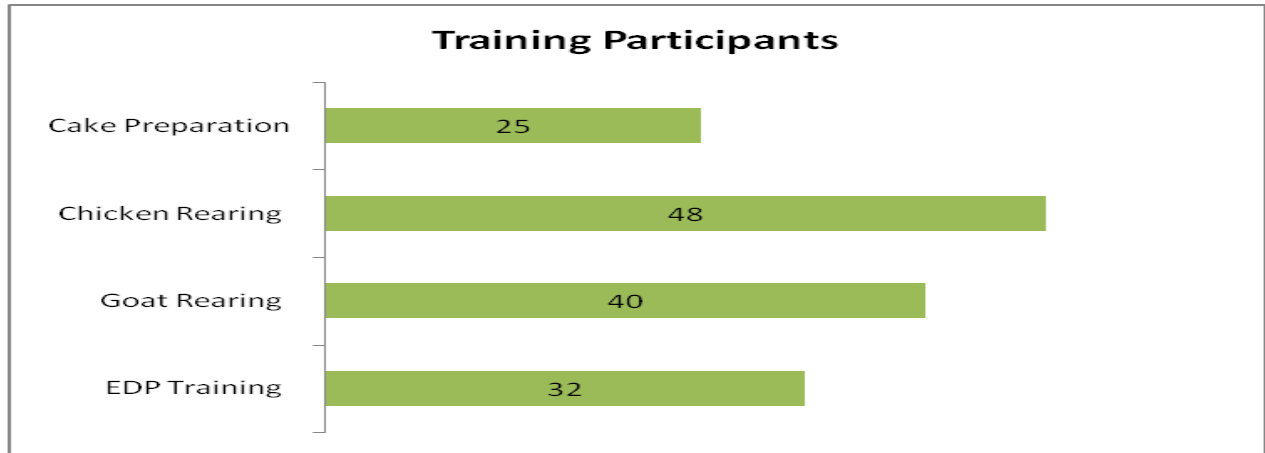
Groups have motivated the rural women to involve in production activities to augment their family income.

Further SHGs are ready to provide finance for starting enterprises by

its members. In this context it is important for us to impart appropriate skills trainings to the rural women. This year we have organized following skills training programmes for the benefit of our target group women.



Sl.No.	Training	Date	Participants	Resource Person
01.	EDP Training	September 22-23,2021	32	Dr.George David
02.	Goat Rearing	October 11-12,2021	40	Dr.Sam.J
03.	Chicken Rearing	October 28-29,2021	48	Dr.Pauldurai
04.	Cake Preparation	November 25-26,2021	25	Mrs.Sukanya



Interested women to attend these trainings were identified by the Self-Help Groups. Resource Persons conducted the sessions in an interactive manner to keep alive their interest and to make the learning more interesting for them. These trainings have found very effective and useful for the participants to acquire hands-on skills and knowledge about the trade in which they have undergone the training. We are very happy to note here that a few beneficiaries have started their own enterprises/units by receiving inspiration from these trainings.

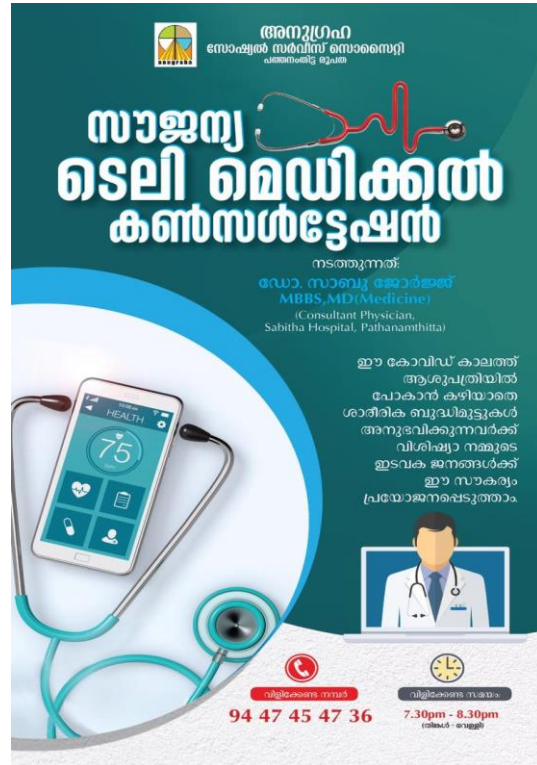
World Environment Day

World Environment Day is celebrated on June 5 every year and this is commemorated to raise awareness about environmental issues, the increasingly deteriorating conditions, climate change etc. This day acts as a reminder to people to be more considerate and aware of the Earth's existing conditions in terms of environment. World Environment Day was observed on June 5, 2021 at Ashwasa Bhavan Special School, Cheekanal. Msgr. Dr. Shaji Manikulam inaugurated the environment day observation by planting a tree sapling at Ashwasa Bhavan School campus. Useful fruit tree saplings were distributed to the special school students and their parents. Fr. Varghese Chamakalayil, Fr. Alen Chempakamamoottil, Sr. Pavithra SIC and Sr. Anugraha were made necessary arrangements for the Programme.



Free Tele Medical consultation

Anugraha Social service Society provide a free tele medical consultation facility in the COVID -19 period .Dr.Sabu George MBBS,MD was the resource person .Due to strict restrictions people are unable to visit hospitals it was a great support for the coomonpeople.We have provided service to 150 persons.



Free telecounselling

One of the important interventions of Anugraha Social Service Society was the free tele counselling .It was arranged by two professional and qualified social workers Fr.JohnsonParackalMSW,MPhil and Sr.Pavithra MSW. This service utilised 200 persons during the reporting period. It helps to people in a referral service.

Conclusion

Social development is a process that involves all levels of institutions, from national governments to diverse civil society organizations, to build an equitable and just society through the apportion of economic opportunities and social services while addressing power imbalance . Anugraha Social Service Society has been actively involved in diverse interventions for the socio-economic upliftment of the poor and marginalized families in its operational area. Effective networks have been established with line departments and civil society organizations to make our interventions more effective and client focused. COVID-19 pandemic had put undue restrictions/blocks in our normal functioning. Anugraha had shown the courage to reach-out the pandemic affected people, instil confidence in them and to provide proper medical care. We need to scale up our development activities in the coming days for the benefit of the marginalized and to chalk out specific programmes for the benefit of the rural families which are badly hit by COVID-19.

Fr.Varghese Chamakalayil
Director, Anugraha Social Service Society.